



Diploma in Occupational Health Practice (DipOHPrac) Training Course

Timetable



This in-depth, 10-day course offers the training, guidance and support for those looking to develop their careers and achieve their Occupational Health Practice (DipOHPrac) Diploma with the Faculty of Occupational Medicine.

Course Day	Curriculum
Day 1	<p>Introduction to Occupational Health (OH)</p> <ul style="list-style-type: none"> • Introductions to course, instructors, participants and platform • The scope of OH, organisational health, workplace culture and wellbeing • OH within public health and employment context <ul style="list-style-type: none"> • Inter-professional OH teams and how they work together • The ethics of OH • Understanding the work role environment • Group single best answer session
Day 2	<p>Legal Aspects</p> <ul style="list-style-type: none"> • British legal system – case/civil/criminal law • H&S legislation • Hazard control regulations • HSE and sources of advice <ul style="list-style-type: none"> • Role of enforcement bodies • RIDDOR • Industrial injuries compensation • Legal tutorial • Group single best answer session
Day 3	<p>Principles of Health and Safety Risk Management</p> <ul style="list-style-type: none"> • Types of hazards and their identification • Routes of exposure: <ul style="list-style-type: none"> - Hierarchy of control - Application of control measures • Introduction to occupational hygiene <ul style="list-style-type: none"> • Occupational exposures • Introduction to noise, dust and thermal comfort • Toxicology • Workplace survey • Tutorial and hazard identification exercise
Day 4	<ul style="list-style-type: none"> • Workforce diversity: <ul style="list-style-type: none"> - Ageing workforce - Young workforce - BAME - LGBT+ - Disabilities • Ergonomics and musculoskeletal assessment, DSE assessment • Manual handling, risks regulations and assessment tools • Pattern of work: <ul style="list-style-type: none"> - Shift and night working - Working time directive <ul style="list-style-type: none"> • Skin <ul style="list-style-type: none"> - Occupational dermatitis • Respiratory system <ul style="list-style-type: none"> - Occupational lung diseases • COSHH • Current Public Health guidance • ARTP standards • COVID: <ul style="list-style-type: none"> - COVID risk assessment - Long-COVID • Infectious diseases



Day 5	<ul style="list-style-type: none"> • Hearing loss and noise at work: <ul style="list-style-type: none"> -BSA standards - PPE compatibility issues, attenuation awareness • Vibration <ul style="list-style-type: none"> - HTV - WBV - Health surveillance • Visual environment: Types of screening • Thermal environment 	<ul style="list-style-type: none"> • Use of PPE • Stress and distress • Stress risk assessment • Psychological environment and culture: <ul style="list-style-type: none"> - Occupational risks - Resilience (organisational and personal) - Trauma Management - Organisational mental health management • Blood bourne viruses • Fitness for work • Fitness for safety critical work incl DVLA • Sickness absence management • Group exercise and SBA
Day 6	<ul style="list-style-type: none"> • Equality Act and definition of disability • Job demands and functional assessment • Medical fitness standards and specialised work • Pre-employment screening 	<ul style="list-style-type: none"> • Health surveillance • IHR assessment • Assessing performance • Group exercise • Cognitive assessment • Neurodiversity
Day 7	<ul style="list-style-type: none"> • Tutorial and feedback • Biopsychosocial model of illness – ‘The Whole Person’ concept • Principles of rehabilitation, redeployment, resettlement and ill health retirement and capability 	<ul style="list-style-type: none"> • Cardiology • Cancer • Respiratory disease • Neurological • Diabetes • Fatigue and OSA • Medical vs management issues • Exercise
Day 8	<ul style="list-style-type: none"> • Tutorial and feedback • Common case types • Alcohol and other drugs • Common MSK issues <ul style="list-style-type: none"> - CTS - LBP - Neck pain • Chronic disease management and work 	<ul style="list-style-type: none"> • Common case types • Liability • Report writing exercise • Group SBA • Walk through survey • Portfolio • Walk through survey (demo) • MCQ
Day 9	<ul style="list-style-type: none"> • Tutorial and feedback • GDPR and AMRA • Consent and confidentiality • Reasonable adjustments 	
Day 10	<ul style="list-style-type: none"> • Tutorial and feedback • Assessing hazard and risk • Control measures 	

For more information, please contact hello@healthpartnersacademy.com

