



# Diploma in Occupational Medicine (DOccMed) Training Course

## Timetable



This in-depth, 10-day course offers the training, guidance and support for those looking to develop their careers and achieve their Occupational Health Practice (DipOHP) Diploma with the Faculty of Occupational Medicine.

Course Day	Curriculum
Day 1	<p>Fundamentals of Occupational Health (OH)</p> <ul style="list-style-type: none"> <li>• Introductions to course, instructors, participants and platform</li> <li>• Occupational Health Services: the OH team, services and value proposition</li> <li>• OH within the employment context</li> <li>• The British Legal system</li> <li>• Health and Safety Legislation</li> <li>• OH legal tutorial</li> <li>• Group single best answer session</li> </ul>
Day 2	<p>Effects of Work on Health</p> <ul style="list-style-type: none"> <li>• Introduction to Occupational Hygiene</li> <li>• Principles of Occupational Exposure Assessment</li> <li>• Respiratory and chemical hazards</li> <li>• COSHH</li> <li>• Risk Assessment, management and controls</li> <li>• Noise</li> <li>• Vibration</li> <li>• Physical Hazards case studies and SBAs</li> </ul>
Day 3	<p>Effects of Work on Health</p> <ul style="list-style-type: none"> <li>• Morning review</li> <li>• Thermal Environment</li> <li>• Visual environment and Visual assessment</li> <li>• PPE</li> <li>• Biological hazards - Zoonoses</li> <li>• Biological hazards - Blood born viruses and HCW</li> <li>• Toxicology</li> <li>• Carcinogenesis</li> <li>• Appointed doctor work:</li> <li>• Radiation- 30</li> <li>• Lead &amp; Asbestos- 30</li> <li>• Hazard recognition and risk assessment tutorial plus SBA</li> </ul>
Day 4	<p>Effects of Work on Health</p> <ul style="list-style-type: none"> <li>• Morning review</li> <li>• Occupational skin disease</li> <li>• Other systems – CVS, GI, Reproductive, CNS, Immune</li> <li>• Respiratory including spirometry interpretation (45+45)</li> <li>• Health Surveillance – including BM/BEM and Health Screening/promotion</li> <li>• How to run a Health Surveillance programme</li> <li>• Live tutorial – The Role of an OHP in Health surveillance Programme including cases and SBA</li> </ul>
Day 5	<ul style="list-style-type: none"> <li>• Live tutorial – Recap of the week, feedback, Q&amp;A</li> <li>• Portfolio session</li> <li>• Workplace risk assessment and hazard identification including virtual walkthrough</li> <li>• Single best answer group session &amp; Examination session</li> </ul>
Day 6	<ul style="list-style-type: none"> <li>• Welcome back – feedback and Q&amp;A</li> <li>• Practical Occupational Health Law</li> <li>• Employment Law</li> <li>• OH relevant epidemiology and Statistics incl: THOR, SWORD, EPIDERM etc.</li> </ul>



## Day 7

- Ethics, communication and relationships with colleagues
- What is an occupational disease? Including RIDDOR and IIDB
- Assessment of fitness for work including:
  - Pre-placement
  - Presenteeism/Absenteeism - SAC/LTS + Patterns
- Fitness for work
- Redeployment, Capability and Ill health retirement

## Day 8

- Common MSK issues- CTS, LBP, Neck pain
- Ergonomics including common assessment tools.
- Mental Health
- Neurodiversity

## Day 9

- Whole person concept
- Workforce health needs- young & old- including OH cognitive assessment
- What is a reasonable adjustment, and what is it not?
- Fitness to attend and workplace processes
- Report writing, including consent and confidentiality
- Report writing tips & handling rejections

## Day 10

- Review of Day One - feedback, Q&A and single best answer group session
- Specialised work
- Safety critical work
- Driving, the DVLA and OH responsibilities
- Fitness for safety critical work, cases and single best answer session
- Chronic disease management and work:
  - Cardiology
  - Cancer
  - Respiratory disease
  - Neurological
  - Diabetes
  - Fatigue and OSA
- Tutorial- Case discussions on chronic disease management and work
- Common Case types and referrals:
  - Sickness absence and capability
  - Performance concerns
  - Non-medical issues
- Alcohol and other drugs
- Tutorial – Disability tutorial
- MCQ paper
- MCQ paper review and discussion
- Wrap up

For more information, please contact [hello@healthpartnersacademy.uk.com](mailto:hello@healthpartnersacademy.uk.com)

